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Building Basic Therapeutic Skills: A Practical Guide For Current Mental Health Practice

Building Basic Therapeutic Skills

A Practical Guide for Current Mental Health Practice

Jeanne Albronda Heaton

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Synopsis

Building Basic Therapeutic Skills is an essential handbook that provides the nuts-and-bolts inforJeanne Heaton provides guidance to the student therapist with a book that demonstrates both her humanity and wisdom. Of all those skills that she promotes, perhaps the most important is her profound respect for the client. --Michael J. Lambert, professor of psychology, Brigham Young University and coauthor of Assessing Outcome in Clinical Practice A valuable and essential textbook for mental health educators supervising practicum and internship students. I'll be using it as a textbook in my teaching at Ohio State University. ?Daniel R. Merz, Ph.D., L.P.C.C., counselor educator, The Ohio State University A masterful job of presenting the cumulative effects of the experience of a senior therapist into a clear and concise volume. ?John M. Sell, Ph.D., Senior Vice President, Reedie & Co. Contains excellent and culturally sensitive examples of not only what to do but how to do it. ?Sheila Y. Williams, M.Ed., L.P.C.C., University Counselor/Private Practitioner and member, State of Ohio Counselor and Social Worker Board Testing Committee Chair, American Association of State Counseling Boards Clear, concise, and down-to-earth. . . . It belongs in the library, if not the hip pocket, of anyone who is studying to be a therapist or is just beginning to practice. This is the book I wish I had written. ?Steven Jay Lynn, Ph.D., professor of psychology, State University of New York at Binghamton A valuable resource for the student and beginning therapist. . . . an excellent review for the experienced therapist. --Barry G. Ginsberg, Ph.D., director, Center of Relationship Enhancement author of Relation Enhancement Family Therapy

Book Information

Hardcover: 275 pages

Publisher: Jossey-Bass; 1 edition (January 15, 1998)

Language: English

ISBN-10: 0787939846

ISBN-13: 978-0787939847

Product Dimensions: 6.3 x 0.9 x 9 inches

Shipping Weight: 1.9 pounds (View shipping rates and policies)

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